



# TFI STRATFORD BSAC

*motto:*

'HE OR SHE WHO DARES FIN'S'

## FEBRUARY 2015

Any problems, suggestions or articles for TFI call Chris Prichard on 01386 462443

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### ATTACHED TO YOUR EMAIL is your:

- **2015 Dive Calendar**
- **BSAC Safe Diving  
Guidelines  
Letters T - Z**

### PETER NEAL

On February 5<sup>th</sup> Peter suffered a major attack of Decompression Illness following a dive with Lynne McCarthy at Chepstow. Their dive profile clearly shows a text book dive with a perfectly controlled slow ascent and no other problems. Peter is greatly indebted to Lynne for the prompt action she took in assessing the situation, carrying out a surface rescue and calling for assistance. It is suspected that Peter has a P.F.O. (hole in the heart) which can cause problems such as this.

He was taken to the Diving Disease Research Centre (DDRC) in Plymouth where he has been recompressed every day for almost two weeks.

At first he was unable to stand but has now progressed to the point where he can walk 50 metres or so providing he has support at his elbow.

Today (18<sup>th</sup> February) he has finished his treatment at DDRC and is being assessed by physios at the adjacent hospital. They will continue his treatment whilst they assess him with a view to transferring him to a hospital nearer home.

Obviously this is classed as a Diving Incident and will be reviewed by our Safety Committee before submitting a formal Incident Report to BSAC.

Peter's recovery may not be speedy but we all wish him a return to full health in due course. Meanwhile he would love you to visit or call him on his mobile 07967 656462

### FROM THE TRAINING POOL

Congratulations to all eight of our trainees who passed their Ocean Diver theory test. Well done to Kelly and Graham Greener, Tony Callow, Laura Croote, Tom Hanbury, Louise Bond, Paul Nash and Antony Stoodley. Sports diver lectures will be starting soon and dates will be announced in a couple of weeks.

Also congratulations to those who braved Stoney Cove in the snow and the freezing cold to do their assessments! At least Stoney's bacon butties make the cold bearable! Congratulations also to Jim, Sophie and Chris who did Sports Diver assessment.

I would like to thank all those who helped with their training.

Miles Howarth Training Officer

## **QUOTE OF THE MONTH**

The Auctioneer: *“How much am I bid? £10, £15, £20, going at £20 over here on my right, any more bids? Sold for £20. Next we have....”*

Aaron Bixley: *“Oh no! I wanted to bid for that last item.....”*

-OoO-

## **CHAIRMAN’S REPORT**

The pool has now been closed for a month and I know that the temporary pool is not popular, it is too small for training and not much better for the stamina lane, so we are arranging alternative events, such as the Photographic competition, to take place at the football club for the whole evening instead of after the pool session, so please all of you come and join in the social events. If you have any other ideas, we welcome all input.

It will be Les’s 80<sup>th</sup> birthday on 26<sup>th</sup> March, he very conveniently chose to have his birthday on a Thursday, and we will be having a party for him at the football club. Please put the date in your diary, more details will be on the web site soon.

Chris Hastie is doing a great job of updating the diary on the web, please all make use of this, there are quite a few events already organised, and arrange to add any dive trips/events you would like to do, either through Chris or any committee member. Peter Neal is keen to get the calendar filled. For those who have never organised a dive trip before, ask for help from any of the older members, they are all only too happy to give guidance and encouragement.

Hilary Wilson

-oOo-

## **DIVING OFFICER’S REPORT**

On one of the coldest days of the winter so far Stratford club had a great day out at Stoney Cove.

With a group of divers - both already trained and still in training - and with an excellent team of instructors - we accomplished two things:

By booking a long session in the training pool at the Cove we overcame some of the frustrations and delays we have been experiencing with the Stratford temporary pool and pushed the training forward significantly for a cohort of keen trainees.

We also, as a group, launched our 2015 dive season in some style.

Louise Bond passed her pool assessment during the course of the morning. She has been trained at Stratford by Jon Hardman and her assessment was done by David Williams.

I would like to congratulate her - and both Tony Callow and Laura Croote who did dry suit training with Jon Arthur and then had their first ever open water dive. And in January too. Not bad going at all. Jon and I oversaw their debut dive - all filmed for them on the day by Nigel Maris.

Ellen Noakes moved on with her training with a DSMB lesson with David while Chris and Sophie Hastie had a similar session with Andy B. Angie and her trainees, Paul Nash and Tom Horbury had a long and constructive pool training session.

Chris and Sophie moved on to a chilly dive in open water. Meanwhile Lynne McCarthy and Peter Talbot had two good dives just for the pure fun of it.

My thanks go to all the divers, trainees and instructors who got 2015 off to such an excellent start.

A session like this one - in cold water - prompts me to remind all members that, as you start to put your toes in the water this year, please ensure your regs are serviced and up to spec for the risk of free-flow that diving at this time of year can bring.

We are off to the recompression chamber (as tourists) at Rugby in February. There are a couple of places left so please speak to Geoff Russell if you want to come along. ( Pete, I know you'll forgive me saying that you didn't know how wrong you were when you said '*as tourists at Rugby*'. You should have said '*as patients at the DDRC*' – Editor)

And two new trips have been added to our list since the last TFI: Porthkerris and Lundy. As ever, if anyone new to organising trips would like to have a go - please see me. We need some new blood here - and one of us would be happy to guide you through the process of herding divers to the coast and home again.

Peter Neal D.O. (Written before 5<sup>th</sup> February)

-oOo-

### A PLEA FROM JAY SCOTT

"Can anyone wishing to borrow pool diving equipment on a Thursday inform me before the Thursday by text or e-mail please. Then I should have your kit ready for you when you arrive. Many thanks." Scotty

-OOO-

## Membership Directory

Can ALL members PLEASE log into the directory <https://members.stratforddivers.co.uk> and update/amend/enter your details, or as much as it will allow.

As the membership renewals are due in a couple of months this directory will help me and only very limited info is available for everyone to see the rest is for membership use and some of the committee.

To satisfy yourself as to what little detail everyone/you can see, look at mine for example.

I NEED YOUR HELP WITH THIS, PLEASE.....and it will 'cost' no more than 5-10 minutes of your time and all from the comfort of your chair, so sit down with a cup of coffee/tea and Just Do It....please!

Please log in to the directory, then click on **My Profile** at the top right then you will see several tabs, click on **Edit** and then simply enter as many details as you can/are allowed on that page.....when you finish click **SAVE** at the bottom and then log out, EASY, DONE and THANK YOU.

*N.B. if you need/want to reset a password, it will automatically be emailed to you and you only have 10 minutes to use it, when it arrives but this should also be instant (ish).*

Pete Talbot Membership Secretary

o-O-o

## CHRISTMAS CARD DONATION TO THE RNL

**The following Members donated the money that they would have spent on cards for other Members and instead sent an email greeting.**

**Thereby raising £180 which Hilary has sent off to the RNL**

### **So thanks to**

**Russ & Angie Thompson, Prich & Jackie, Pete Talbot, Geoff Russell, Sally Richards, Richard Wells, Peter Neal, Ian Hopkins, Lynne McCarthy, Andy Bacon, David Williams, Hilary Wilson, Robert Muntz, John Arthur, and Emma & Jon Hardman**

-oOo-

## TRY A DIVES

### SPECIAL RATES FOR FAMILY AND FRIENDS

**Speak to Angie Deaves to arrange one.**

**CONGRATULATIONS TO MEL AND NIGEL**



-OoO-

# NOTHING TO DO WITH DIVING BUT.....

Two contributions from Scotty:

As a butcher is shooin a dog from his shop, he sees £10 and a note in his mouth, reading: "10 lamb chops, please."

Amazed, he takes the money, puts a bag of chops in the dog's mouth, and quickly closes the shop. He follows the dog and watches him wait for a green light, look both ways, and trot across the road to a bus stop. The dog checks the timetable and sits on the bench. When a bus arrives he walks around to the front and looks at the number, then boards the bus. The butcher follows, dumbstruck.

As the bus travels out into the suburbs, the dog takes in the scenery. After a while he stands on his back paws to push the "stop" bell, Then the butcher follows him off.

The dog runs up to a house and drops his bag on the step. He goes back down the path, takes a big run, and throws himself -Whap!- against the door. He does this again and again. No answer. So he jumps on a wall, walks around the garden, beats his head against a window, jumps off, and waits at the front door. A big guy opens it and starts cursing and shouting at the dog.

The butcher runs up screams at the guy: "What the hell are you doing? this dog's a genius!"

The owner responds, "Genius, my arse. It's the second time this week he's forgotten his frigging key!"

AND

A South African, an Aussie and a Londoner were sitting in a pub having a pint of beer

The South African grabs his beer downs it, tosses his glass into the air, draws a handgun and shoots the glass in mid-air.

He grins to the other two, puts the gun down on the bar and says "In Souff Efrika we haf so many glasses we never drink out of the same glass twice".

The Aussie then downs his beer throws his glass into the air, grabs the gun off the bar, shoots the glass, puts the gun back on the bar and proclaims; "Ay mate, in Oz we have so much sand which makes glass really cheap so we too never drink out of the same glass twice".

The Londoner looks at the two of them, finishes his beer, puts the glass down on the bar, picks up the gun, shoots both the Aussie and the South African and says; "In London we have so many South Africans and Aussies that we never have to drink with the same one twice."

Regards  
Scotty

-OoO-

Thanks to Emma Hardman (nee Duke) for this summary of future events

## STRATFORD BSAC – SAVE THE 2015 DATES!

DATE	EVENT	CONTACT
Thursday 26 <sup>th</sup> February	Dry Dive – London Midland Dive Chamber	Geoff
Thursday 5 <sup>th</sup> March	 Photography competition	Hilary/Sally
Saturday 21 <sup>st</sup> March	Clay Pigeon Shoot	Richard Talbot
Thursday 26 <sup>th</sup> March	Les' 80 <sup>th</sup> Birthday – Football Club	Emma
Saturday 18 <sup>th</sup> April	Meal out – venue TBC	Emma
Thursday 23 <sup>rd</sup> April	Radio Introductory Talk & Jacques Cousteau Film Night – Football Club 	Emma
Friday 12 <sup>th</sup> – Saturday 13 <sup>th</sup> June	Stratford Beer Festival 	Emma
Saturday 4 <sup>th</sup> July	Summer BBQ at River Festival	Emma
Saturday 17 <sup>th</sup> October	 Stratford Races	Emma
5 <sup>th</sup> December TBC	Christmas Party	Emma

More details to follow soon...

-oOo-

### BSAC SAFE DIVING PRACTICES

Attached to your email is the final item in this series, letters T – Z from the BSAC Diver's Code of Conduct. Dip into it and you find plenty of items to help you improve your diving and to keep you safe.

Peter Neal

-oOo-

Keith Bond recently brought in this wonderful photo of Oceanic White Tip Sharks that he took near The Brothers in The Red Sea in October 2008. He tells me that I missed them as I was looking the wrong way.



-oOo-

### Annual Photo Competition

Hello All,  
Your entries for the Annual Photo Competition should have been submitted by 31<sup>st</sup> January  
All of the entries will be on show on Thursday 5<sup>th</sup> March at the Football Club

As usual there will be plenty of prizes and a quiz from Prich

Regards, Sally

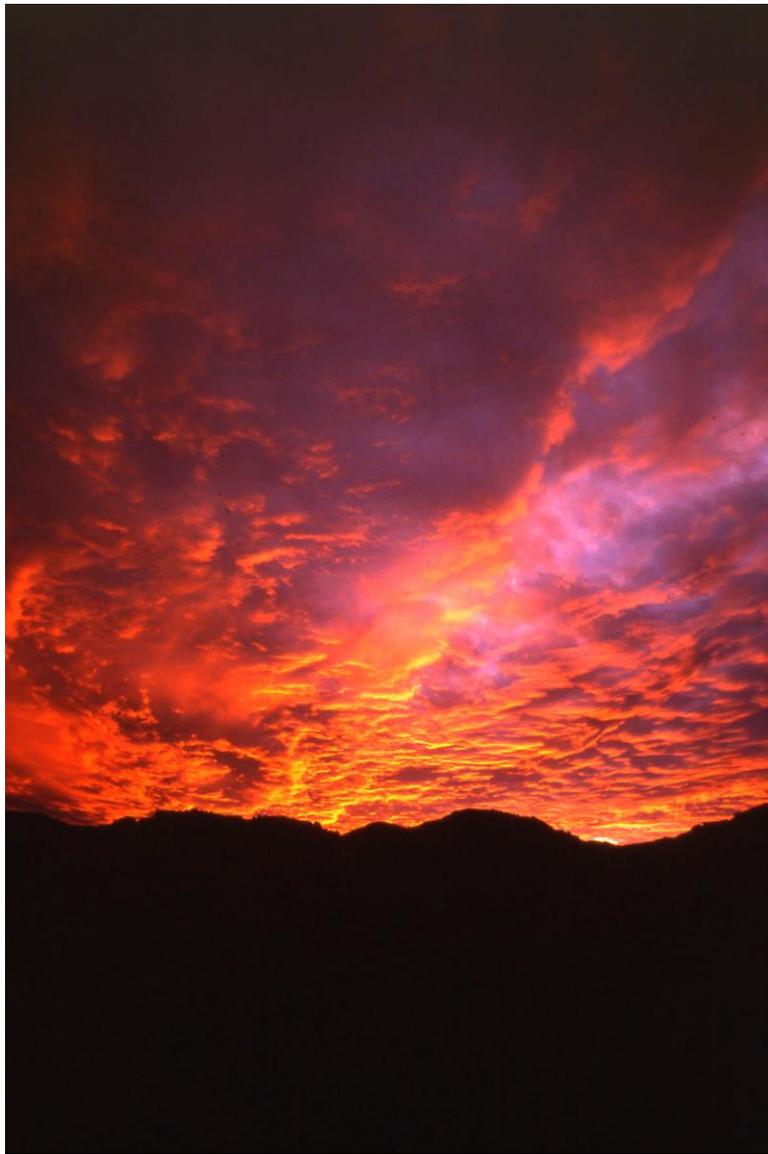
-oOo-



## **Keith also took these pictures on a fabulous Red Sea diving trip in the 1980s.**

**We'd been diving around Eilat and from there taken a two day trip crossing the border into Egypt in order to dive off the Sinai Peninsula. On the return journey the sunset was spectacularly changing every few seconds like something out of a movie such as The Ten Commandments. We all shouted to the driver to stop so that we could get out and watch it. (This I didn't miss) :-**





**By the way, ask Keith about the story of crossing the border  
back into Israel and the Kalasnikoff**

## NEW MEMBER PROFILES

Hi, I am Paul Nash.



I am keen on most sports and prefer to participate rather than watch. I've played rugby and football, and am still playing hockey, bowls and golf – I suppose I can now add SCUBA diving. I also enjoy riding my motor bike, an old Honda CB500.

I am a self-employed PR agent providing marketing support services principally to industrial and engineering companies. I have run my own business for the last 25 years.

I am married with two grown up sons and live in Evesham. I also have a dog that gets me out of bed in the morning and my armchair in the evening – for which I am grateful!

-oOo-

**Hi I am Sophie Hastie. I joined the club in July along with my husband Chris. I work as a community midwife in the Shipston and Kineton area.**



I have loved water since I was very young and would spend whole days at the beach climbing onto rocks to dive off them and playing in the water. My parents called me a water baby; my swimming teachers commented that I wasn't a very strong swimmer but clearly loved the water. I still spend hours at a time snorkelling when I'm near warm enough water and love the freedom of snorkelling.

My first taste of SCUBA was in Turkey in 1987 or so. It was a try dive off a sandy beach with one instructor and a relatively large group. There was nothing at all to see and I thought it was a bit boring! I did another try dive on the Great Barrier Reef in the early '90s which was fabulous but I had no money and couldn't pursue diving then. My third try dive was on the Isles of Scilly with Chris about four years ago which was again fabulous. We tried to arrange training with the dive school there but they could never fit us in during our annual holiday on St Martin's. Eventually we decided to go to Thailand and learn in warm water. We did our SSI Open Water course in Koh Tao in 2013 which was lovely. We did our PADI Advanced Course in Sharm El Sheik in the Spring of last year which was fantastic.

My highlight dive to date is a wall dive at the Shark Observatory in the Ras Mohammed National Park. The visibility was fantastic and the depth below felt like it went on for ever. It was just like flying! I remember doing that very uncool thing of sticking my arms out like wings just because it was fun to play aeroplanes! There were lots of swim throughs and several huge moray eels were slithering over the cliff surface for that wonderful shudder factor. There were clouds and clouds of antheas and glass fish, some huge napoleon wrasse and all the usual tropical suspects, except for sharks, but I can live with that!

Other things I like to do include kayaking, snorkelling, cycling, dancing, camping, going for long walks and knitting. I hope to achieve the ultimate in extreme knitting one day- combining diving and knitting!

-000-

**My name is Chris Hastie and I joined the club back in July.**

That's several editions of TFI ago, so I had thought I'd got away without Prich chasing me for a profile, but he doesn't miss a trick does he?



I've been snorkelling for years, and then a few years back I did a try dive on the Isles of Scilly, where I've been holidaying since I was a child. I loved it, and spent several years trying in vain to arrange a course with the same dive school. But our calendars never quite matched up and eventually I decided I'd have to learn somewhere else. So in September 2013 my wife Sophie and I went to Koh Tao in Thailand and did

an SSI Open Water course there for my 50th birthday. After a further trip to the Red Sea last spring, where I did my PADI Advanced Open Water, I was well and truly bitten by the bug and decided I had to find a way to keep diving in between trips abroad. So here I am! I'm currently working towards my Sports Diver, and had hoped to have completed that by now, but an unfortunate brush with a bend (see October's TFI) kept me out of the water for a few months.

When I'm not diving I'm a research student working on a PhD that investigates the relationship between the Fire Service and the communities it serves. Quite how I fell into this I'm not really sure, having spent most of my career in local government managing trees and parks. I've also been known to cycle, kayak, take photographs, dance, tinker with websites, and go off for weeks away in my tipi. At this time of year I'm often to be found making marmalade.

-OoO-

***Hello, my name is John Bloxham and I live in Southam with my wife Di and our two Flat Coats (dogs).***

***I have only produced this summary for all to see in order to save Prich continually sending emails and me having to hide every time I see him.***

***I first joined Stratford BSAC in 1996 where I was trained to dive in the pool by Stan and then subsequently among others Russell, Becky, Geoff and Prich, to the level of Dive Leader.***

***Due to other commitments I left the club about six years ago but have now rejoined just in time for its 40<sup>th</sup> anniversary to a warm welcome from everyone in the club.***



## Boat Levy 2014/2015

Further to the update at the AGM on how to make the application of Boat Levy easier to manage for the Membership Secretary, the Committee has agreed to adopt the proposals put forward by Geoff Russell and Chris Prichard. Presently the levy of £30 per annum (based on 3 days or more diving off our RIBS) is charged in advance for the year along with subs on March 31st. Then if you do not dive, or have less than 3 days diving off the RIBS the appropriate credit is passed on the next year. Sometimes this gets carried over for 2 years, and becomes extremely complex for the membership secretary to manage and try and remember who did what.

So in future starting from March 2015 the levy of £10/day up to a maximum of £30 per annum will be charged in retrospect for RIB diving calculated from the diving logs returned to the Diving Officer for diving in 2014 and then each subsequent year.

Non members who dive off our RIBS will continue to be charged £10 per dive, which the Expedition Leader must charge to the non member and pass onto the Treasurer.

The most common asked question surrounding the new method we believe is "In that case I will be paying twice for 2014" – the answer yes – but when you eventually leave the club and don't renew your subs then you won't be charged a boat levy for the diving in your final year, which will be a loss to the club, but this system will be far easier to manage for your elected club officers, and it means the Club will not suffer the loss all in one go, which would impact on resources.

I you have any further questions please see Geoff Russell

-oOo-

## DIVE TRIPS

Whilst Peter is in hospital, if you wish to organise a dive trip please speak to Prich who is maintaining the Diving Calendar at Peter's request

### OMAN

I am already thinking about holidays in 2016 and, as some of you already know, I would like to do a liveaboard trip to Oman in early 2016. We went on this trip 2 years ago and I loved it, there is only one boat there so we were the only divers and it is humpback whale migration time so we heard whales almost every dive, saw them on the surface and dived with them at the end of the week. There was masses of fish life with plenty of variety of rays, no sharks that we saw, and a couple of wrecks and it was the easiest week's diving I have ever done.

I have made preliminary enquiries and the total cost is likely to be somewhere between £1800 and £2000 per person. We get a 6% discount as a BSAC club. I know Sally will be a definite "yes" but could the rest of you give me an idea if you are interested so that I know which way to take this. We can either have a few of us on the boat or we can take over the whole boat with up to 24 divers.

I know it's a lot more than the Red Sea but it is nice to have a change once in a while.

Regards, Hilary

# Jeannie's Jaunts

## Babbacombe - Shore Diving

23<sup>rd</sup>-25th May 2015  
(Bank Holiday Weekend)



← My picture

Come and brush up or start your photography -  
multicoloured critters plus pipefish, crabs, lobster and many  
more

Photo competition in June with prizes!! - if we get enough  
photos

Or just come along to 'get wet'

**Shore diving for all divers - especially new divers**

**No hassel Accommodation** - caravans/apartments at Park  
Dean

- ✓ sort yourselves for Friday evening meal (restaurant at  
Park Dean)
- ✓ eat out together Saturday/Sunday night (tba)
- ✓ self catering for breakfast (to be arranged in your  
caravan)
- ✓ or café at Babbacombe beach for breakfast/lunch
- ✓ caravans booked for Fri, Sat and Sun night

I shall book by the end of February, so we are all together.  
Caravans/apartments to sleep 6/8 each, (partners & children  
welcome)

To book your space please give me a deposit of £55 ASAP  
(which should cover most of the cost of the caravan)

The full cost for this trip will be the caravan cost which is £55/60 pp depending on numbers and availability of caravans/apartments + food+ carparking

There is no cost for diving as it is shore diving

Jeannie Parnham 07946 320016

Or e-mail: [amazingjeannie@yahoo.co.uk](mailto:amazingjeannie@yahoo.co.uk)

Here are some highlights from earlier years:-

## Jeannie's Jaunts

Hi, remember me?



I'm Kelpie cuttlefish

I'm amazing - evolution changed me. I was a happy mollusc species floating safely and gently through the oceans covered in a heavily armoured shell - when wow!! a genetic fluctuation turned me inside out and now I have a puny internal skeleton and my body has changed into this succulent, squidgy, pre-packed ready meal full of protein. What a culture shock!



I ask you, what is a girl to do? This turn of events required a pretty clever solution. I had to change to be a master of disguise.

Me and the girls (and boys) and some octopus and squid can turn ourselves from invisible to totally obvious and back in about 2 seconds and on top of that can blend seamlessly into any natural background and have a stab at artificial ones too.

How do I do this? Well I have these sacs of real pretty colours of red, yellow and brown pigment deposited in the muscles around my skin's circumference (called chromatophores) and these are controlled by the motor centres in my brain. So I see a predator or problem and wham! I change to green or yellow or grey or whatever I



fancy. I also have some pretty sophisticated reflecting plates called leucophores and iridophores, which reflect light across a wide range of wavelengths to create iridescent reflections ranging from white to deep purple and green.



That's really scary for those man (sorry cuttlefish) eating monsters.

On top of all this I can also change the texture of my skin. With my bundles of muscles, gently rippling I change from smooth all the way through to spiky, to fit in with my surroundings, sand, weed, rocks or plain sea sailing.

I also communicate with my mates; I have about 40 different signals which I send out as body patterns. Some more seductive than others

Don't you agree I am one of the most remarkable species in the sea? You can find out more about me from typing into your search engine, 'cuttlefish' or going to any of the following

[www.marinebio.org/cuttlefish](http://www.marinebio.org/cuttlefish)

[www.newscientist.com/cuttlefish](http://www.newscientist.com/cuttlefish)

[www.nationalgeographic.com/cuttlefish](http://www.nationalgeographic.com/cuttlefish)

[sh](#)



Two's company .....??

Come and photograph me and watch me make loooove!!!

**Babbacombe 23<sup>rd</sup>/25th May 2015**

**Scintillating company**

**Great food**

**Cosy caravans**

**Brilliant viz??!!??**

**All levels**

**Shore diving**

For more info and to book your caravan place

Call Jeannie on 07946 320016 or e-mail amazingjeannie@yahoo.co.uk

And give me a £55 deposit asap to cover the caravan cost

-oOo-

### Isles of Scilly

The June trip is full and there is a waiting list if you wish to add your name please speak to Richard Wells.

-oOo-

### PORTHKERRIS

Mark Jeffrey is running a weekend diving at Porthkerris on 14th - 16th August 2015. We will be staying in a Log cabin and diving from hard boats. More details to follow.

Mark's phone numbers are : 01386 701 053 or 07850 700231

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## FOR SALE

Oceanic dry suit for sale.  
Ideal for any new diver  
wanting to get started at a  
reasonable price of £60.  
Size- fits 5'10" tall 12 -14  
stone man. Call Ben  
Trowman on 01386 859475

I have a Custom Diver TDB  
dual bladder wing with tec  
harness in excellent  
condition for sale. As I have  
5 BCD's / wings you'll  
appreciate that it has not had  
much wear.

New price would be £590  
and I'm asking £300.  
Snap it up now before I put it  
on e-bay.  
Peter Neal

## WANTED

Badminton Players for the Wilmcote/Diving Club  
Badminton Group. Tuesday evenings at 9.00 -  
10.00 Stratford Leisure Centre.

Not serious, just a good friendly knock around of  
pairs and singles. See Geoff Russell (01789  
552614. 07836 503082)

## MOVING HEAVY LOADS?

**John Simpson is willing to use his 4 Wheel Dive and  
Trailer to help any Members who need to move  
heavy loads.**

**Call John on 07976 849670**

Stratford BSAC 0730 Committee 2014

Chairman: Hilary Wilson 07779 287558  
Diving Officer: Peter Neal 07967 656462  
Training Officer: Miles Howarth 07779 287558  
Secretary: Lynne McCarthy 07775 940000  
Equipment Officer: Jay Scott 07976 283702  
Treasurer: Geoff Russell (01789 552614)  
Membership Secretary Pete Talbot 07958 447544  
Recruitment: Angie Deaves 07792 775971  
Events: Emma Hardman 07740 355836

**SUGGESTIONS OR PROBLEMS? THEN CALL ONE OF US**

**MEMBERSHIP FEES 2013**

**To the Stratford Branch,** all

Members pay an annual subscription of £118 towards costs of the Branch.

**To BSAC,** Members pay an annual subscription of £56.50 that covers BSAC costs, their monthly 'Scuba' magazine and their third party insurance. Both of the above are due on the 1<sup>st</sup> April each year.

**New members** are required to pay a full annual subscription for both of the above when they join. In their second year they pay pro-rata to bring them to the next 1<sup>st</sup> April.

**Hire of kit** for a new trainee is £60 for a period of for four months. Thereafter it is £30 per month.

**Pool Sessions** - £3 for all Members

**Try a Dive** £15 a session. £10 of this is refundable when you join the club.

**Training Books** vary but typically the cost for an Ocean Diver is £45.

**The Club has 2 boats** (RIB's) and the Committee believes that Members should contribute towards the cost of running these boats in proportion to how often they dive from them. This is paid for by a compulsory Annual Boat Levy of £30 payable along with your Annual Subscription by all Members in their second year onwards If you do minimal diving from the Club boats during the year you will receive a full or part refund of your Boat Levy. Non members diving from Club RIBs will pay £10 per dive.

**Members towing RIB's** get a minimum of 56 pence per mile

**CLUB DIVING STANDARDS**

All Members are expected to dive in accordance with the guidelines of the BSAC as published from time to time.

No dives should be organised without the prior approval of the Diving Officer who will provide you with a Diving Log which is to be completed with details of the dive and returned to him.

On the reverse side of the Diving Log is a list of the main BSAC guidelines that the Committee wishes to emphasise at this time.

You are reminded that the depth limits for qualified divers is as follows:

Ocean Divers – 20 metres

Sports Divers – 35 metres

All other qualified divers – 50 metres

Members who ignore any of these guidelines do so entirely at their own risk.

You are also reminded of the following:

- Members are strongly recommended to use Delayed Surface Marker Buoys which can be filled by means other than purged air from a mouthpiece.
- Sports Divers and above are recommended to carry their own independent source of back-up air in a second cylinder (twin or pony)

These extracts are not exhaustive and so if you have any queries you should clear these with the Diving Officer before diving.

The Diving Officer for 2015 is Peter Neal and his contact number is shown above.