



# TFI STRATFORD BSAC

*motto:*

'HE OR SHE WHO DARES FIN'S'

## MARCH 2016

Any problems, suggestions or articles for TFI call Chris Prichard on 01386 462443

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#### And attached to your email are:

[The 2016 Dive Calendar](#)

[Full details of BSAC Rescue Update](#)

[Copy of 2016 Dive Logs](#)

### Chairman's Report

The storage at the pool has finally been agreed and Jay has now got the kit into its final home, he and Geoff have spent a great deal of time getting this organised so thank you to both of you for all your hard work.

We've had a quiet few weeks with not much diving, apart from the 12 of us who went to Oman but I was really pleased that our newest Sports diver, Graham, came along and enjoyed his easy introduction to sea diving.

We have a few social events organised, Paul took around 20 for a curry night at Aladdins, the Photographic Competition and the Clay Pigeon shoot still to come on 16th April. I hope you can come along to some, if not all, of these events. Thank-you to Paul, Sally and Richard Talbot for their efforts to keep us amused.

The calendar is starting to fill but there is always space for a few more trips including trips from Salcombe where we have now located Portia- see page 7 for details.

Hilary

### FROM THE TRAINING POOL

Since the Christmas report the Pool has been very busy with Ocean Diver training and the Life Saver course run by C. P. and helpers.

I am really pleased with the progress being made by all the prospective Ocean Divers, most of whom have now either completed the pool lessons or about to. Pete Scarpalino, Glen Cadle and Louise Jeffries have qualified in drysuits and are looking forward to more delights of Stoney Cove. Jaimie Wolstencroft is looking forward to and will, if conditions are good be going to Stoney Cove very soon. Well done to those who have who have passed the theory exams; PS, GC, LJ, GK, JK, SS, FB, and CB. And last but not least, Graham Greener passed his Sports Diver theory and qualified, just in time to go to Oman with the club.

I will be running a Sports diver theory course for those who want to further their diving education soon after the Life Savers have completed theirs.

Contd on page 2

## **QUOTES OF THE MONTH**

Emma and Jon Hardman: - "It's a boy"



## **DIVING OFFICER'S REPORT**

Graham Greener is our newest qualified Sports diver, congratulations go to him for this achievement which he managed in fairly quick time despite his several weeks out injured. Our dive calendar was looking a bit blank in places but is now starting to fill up a little. However, there are plenty of dates if you would like to organise a trip using a club rib and if you haven't done so before, please come and talk to me or any other experienced club member and we would be happy to help organise one with you. The club boats are there to be used so let's use them. Attached to your email is a copy of the Dive Log you should use in 2016.

Miles Howarth Diving Officer

## **TRAINING OFFICER'S REPORT CONTD FROM PAGE 1**

After all this work in the pool and at the desk we should remember that the objective is to go diving. Sally and I are running a trip in the club boat for novice divers to Lyme Bay in May. For those who cannot go for one reason or another, we will be doing something similar later on.

You may remember that in the last T.F.I. I promised you all the chance to practice your O2 administrative skills. I haven't forgotten and hope to put you all through this as soon as possible.

I am pleased to say that four of our Assistant Instructors will be attending an Open Water Instructor course in May and look forward to them passing on their newly acquired knowledge!

Happy Diving, Pete Neal, T.O.

## NEW MEMBER'S PROFILE



Hi, I am Ben Steed and my dad is Simon Steed we are learning to dive together, well dad's learning to drown at the moment, and only started in October last year. We did a couple of trial dives while on holiday and loads of snorkelling deciding to join the club and learn properly and safely following the article in the new paper.

I am currently at Alcester Academy about to start my

options for GCSE. I am lead singer with one of the rock groups in the Rock Academy, sing with the acoustic group and enjoy drama; taking part in the Schools production of Grease this year. At home I enjoy playing loads of computer games and watching YouTube. With Dad I enjoy "off roading" and green laneing in our old landrover Lucy. My Dad, Simon, is a Consulting Engineer and leads a team of designers spread all across the UK, head office being in Stratford. He designs special buildings with clean environments for the production of pharmaceutical drugs and electronic components. Dad works on the air conditioning, heating and electrical/lighting systems. We have both being practicing Tae-Kwon-Do and Dad got his black belt 2 years ago.

Dad is a real engineer and spends loads of time "fixing" the Landrover which is a never-ending project much to Mum's amusement, creating lots of jobs as he goes. We spend time in the summer over at Tallington where we have a Caravan on a water sports park.

We are keen to learn to dive with the club and have had a warm (and patient) welcome from all members We will be diving in UK waters mainly due to school commitments, but we will try to dive in warmer waters on holiday or on organised breaks with the club.

-oOo-

## BSAC new training concerning In Water Rescue Breaths

This is a summary of changes to BSAC Guidelines for In-water Rescue - the full document is attached to your email

BSAC now recommends the following in-water rescue sequence:

- Give one minute of rescue breaths (10 RBs)
- If no spontaneous breathing returns

Then either

- Tow the victim to shore as quickly as possible without further RB

Or

- Continue on the spot with approximately 10 RBs per minute until support from rescue boat or helicopter arrives to take over the resuscitation. This decision will

depend on the local situation, such as sea conditions, distance to shore, and availability of rescue boat or rescue helicopter.

- In either case, when reaching shore, or having access to the boat or helicopter, the casualty should be promptly de-kitted and landed as quickly as possible without further rescue breaths.

-oOo-

### **Letter from Pete Scarpelino**

So I'm sure that the depth/time/details seem rather paltry to all and sundry....but it was pretty cool to me.

I just wanted to say, Pete and Prich firstly; I am so grateful for your instruction, patience, and expertise in getting me to this point, and for sorting today (at Stoney). I may have lost my testicles in that water today but it was worth it...

I also want to thank everyone who has given up their time, quite unsocial hours at that, in giving the lectures, in the trial dives, in sorting equipment, dinners, and especially for making Stratford BSAC happen. The lot really. You have all made what initially seemed a daunting proposition, (this breathing underwater lark), a really pleasurable experience.

"In days of old,  
When divers were cold,  
And before dry suits were invented.  
The best latrine,  
Was neoprene,  
Especially if it was rented!"

Cheers all, and thanks again  
Pete S

Reply:-

All I can say is "It was a pleasure"

And I'm not sure I can compete in the rhyming stakes but I have a saying to caution younger divers about the cold:-

" There are plenty of bold divers  
There are some cold divers  
There are even a few old divers  
But there is no such thing as a bold cold old divers"

In other words by the time they are old they have learned not to be bold when the water is cold.

-oOo-

### **CLUB WEBSITE UPDATE**

A couple of things I've added to the Club's website today:

A new page of useful downloads at

<http://www.stratforddivers.co.uk/resources/> which includes the dive log

sheets in several formats, and the medical self declaration form. The dive log is available as a PDF which is ideal for printing out, or, for those that prefer to complete it on the computer when you get home, it is available as a template for either Excel or LibreOffice / OpenOffice.

Also brief details of a trip to Lyme Bay, particularly aimed at novice divers, being organised by Peter and Sally.

<http://www.stratforddivers.co.uk/event/lyme-bay-for-novices/>

Cheers

Chris Hastie

### **DECOMPRESSING WITH MINCE PIES**

Eight Club Members braved the not so icy depths of Stoney Cove for a couple of festive dips on the Friday before Christmas Day. The water temperature was a balmy 9 degrees and the air temperature was up in the teens. Mince pies and Graham's homemade (by him) sausage rolls went down well between dives and of course a celebration afterwards at Nemo's rounded off an enjoyable day. Peter Neal, Les and Amanda were on hand to cheer them on:-



From Sally Richards

-oOo-



## ANNUAL PHOTO COMPETITION WINNERS

The winners of the various categories at this year's competition were:

Specimen Fish – Jon Arthur

Shoaling Fish – Miles Howarth

Seals – Angie Deaves

People under Water – Dai Williams (see below)

Reef Life – Chris Hastie

Statics – Richard Wells

Above Water – Keith Bond (see below)

Arty – Geoff Russell (see below)

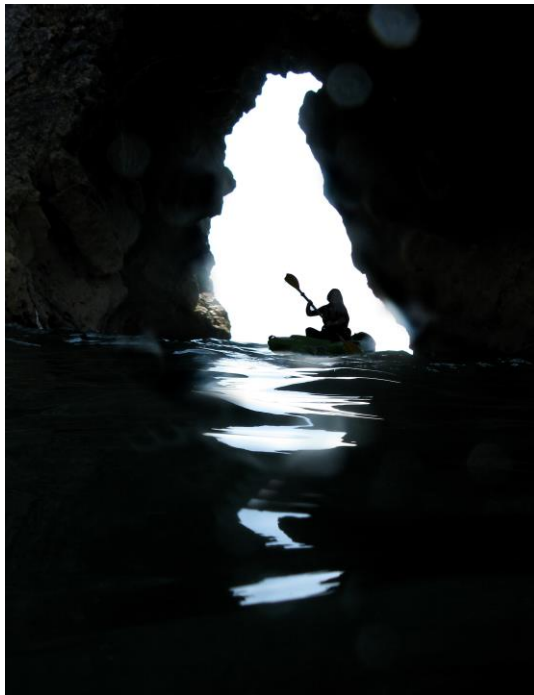
And

Best in Show – Richard Wells

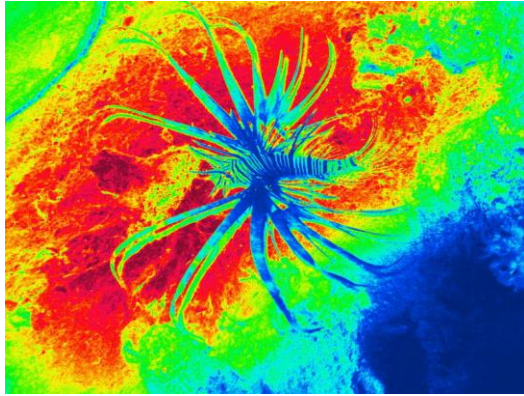
Winner of Quiz – Hilary Wilson



People under Water - Dai



Above Water - Keith



Arty - Geoff

Many thanks again to Sally and Hilary for organising another great evening.

-oOo-

### CLAY PIGEON SHOOT

This is organised by Richard Talbot and is taking place on April 16th at 10.00 am. Speak to Rich if you want to book your place.

-oOo-

### PORTIA -Notice of committee decision

As some of you are already aware, the committee has been considering one of our members, Russell Thompsons (Russ)suggestion that we move Portia from Lyme Regis to Salcombe. The rationale for this is as follows:

#### History:-

Portia has only been used for the Scillies trip in the last 2 years and has had hardly any other use for the 2 years preceding that. She has not been launched for diving from Lyme for many years as Hornet has always been the preferred RIB.

Some members have expressed views on selling Portia but having the use of only one boat would result in expeditions being limited to 8 divers and narrowing the opportunity for the club to develop expeditions in the future.

Russell has his own hard boat based in Salcombe which is not suitable for diving from, so he has suggested we move Portia there, where he will be able to organise club diving expeditions open to all suitably qualified members. Portia can also be collected from there to go on other club trips, most of which are based in Devon or Cornwall, (Teignmouth, Hope Cove, Scillies) so towing from Salcombe is easier than from Lyme Regis.

He recognises that he would be able to use Portia on an ad hoc basis, booked through the diving officer, and is proposing that he pays for storage at Salcombe and servicing of the engine. This would save the club approximately £1000 per year.

The agreement is as follows:-

- *Russell moves Portia to Salcombe at his convenience.*
- *We retain ownership and pay for insurance, service the trailer and carry out repairs.*
- *Russ stores Portia on hard standing/boat yard and pays all costs. Tarp cover and wheel lock to be fixed at all times.*
- *Russ arranges for, and pays, annual and, as necessary, engine and steering gear maintenance/service.*

- *Russ may use Portia as required UNLESS PREVIOUS CLUB BOOKING, i.e. Scillies, has been made through the D.O. Russ and Geoff have already booked both boats for Hope Cove week.*
- *If Russ has specific dates he requires, then these should be booked through the D.O. Likewise, all other members can book specific dates through the D.O.*
- *Booked dates, whatever the notice period, come on a first come, first served basis, i.e. if ANY member, (including Russell) requires Portia next weekend, then that party should book through D.O. to take precedence.*
- *Russell to retain boat box, keys and O2, and pass to other members when required. Alternatively Jay may have a safe storage place in Salcombe, he will advise.*

As far as we can see there are no negatives to this arrangement, Portia isn't being used at Lyme Regis, nor is it going on any club trips apart from Scillies and Hope Cove.

The positives that we see are:-

- We have the opportunity to dive different sites without the hassle of towing the RIB from Lyme, especially the sheltered easy dive sites, suitable for Ocean divers, around Salcombe.
- There is the opportunity that more trips will take place (other than the ones Russ will be organising) and, being sheltered, may not be so affected by the weather as Lyme.
- Russ will be organising club trips, additional to our historically dwindling dive calendar or RIB dives.
- Launching at Salcombe is easier, and can be done at all states of the tide, giving more people the opportunity to use the boat there than at Lyme.
- Hornet is still available for trips out of Lyme Regis at any time.
- The club will save approximately £1000 per year which will help to keep subs at no higher than the level they have been determined at for the forthcoming year (£120).

The committee have decided that we should try this arrangement out for a year and monitor how it works. We have nothing to lose and everything to gain, but if it isn't working out well for everyone, we can re-think the position at the end of the diving season. I hope more people will arrange RIB trips on both boats this year, they are the clubs biggest and most expensive assets and it would be great to see them out every weekend as they used to be when I first joined the club.

We will be advising you in due course of storage location, security, access arrangements, boat box/O2 location and launching advice, and we are confident Russ will be more than happy to give benefit of his local knowledge to members who want to run expeditions. Geoff also has considerable experience of this area and has offered to help prospective Expedition Leaders.

Hilary

-OOO-



## TRY A DIVES

### SPECIAL RATES FOR FAMILY AND FRIENDS

Speak to Lynne Bunker to arrange one.

-oOo-

## ANNUAL MEMBERSHIP RENEWALS

That time of year is almost here again and for most of you it is time to part with a little money (to pay for the hobby/sport that you choose to do) for BSAC and Club Levy.

This proved to be quite an onerous task last year and I naively thought it would be so easy.....so, I NEED YOUR HELP!

Be prepared to fill in the forms and pay me quickly and then YOUR membership will not lapse and nor will anyone else, due to delays.

Some of you are already on the Direct Debit system for both elements and this is working well and means that there is less hassle each year for me and YOU!

We can still do cash or cheque but WHY? Please let's use Direct Debit!

Also this year BSAC insist that I sign to say I have seen your Medical Declaration so this MUST be completed fully and signed/dated by you.

So be prepared for this as I expect BSAC to send the paperwork out to me within the next few weeks.

If you have any questions please feel free to contact me directly on 07958 447544 or [pt30@icloud.com](mailto:pt30@icloud.com)

Pete Talbot  
Membership Secretary

-oOo-

## THIS YEAR'S DIVE TRIPS

**Jeannie's Jaunts**

**Babbacombe - Shore Diving**

**20<sup>th</sup> – 23rd May 2016**

**Friday - Sunday**



← **My picture**

Come and brush up or start your photography -

multicoloured critters plus pipefish, crabs, lobster and many more  
Or just come along to 'get wet'

### **Shore diving for all divers – especially new divers**

**No hassel Accommodation** - caravans at Park Dean

- ✓ sort yourselves for Friday evening meal (restaurant at Park Dean)
- ✓ eat out together Saturday/Sunday night (tba)
- ✓ self catering for breakfast (to be arranged in your caravan)
- ✓ or café at Babbacombe beach for breakfast/lunch
- ✓ caravans booked for Fri, Sat and Sun night

I shall book as soon as possible, so we are all together. Caravans to sleep 6 3 bedrooms ( tell me if you want a room to yourself as this will cost you a room rate as opposed to sharing a room, (partners & children welcome)

To book your space please give me a deposit of £50 ASAP (which should if cover most of the cost of the caravan)

Additional cost is car parking, (bring £1 coins) food and booze

There is no cost for diving as it is shore diving

**Jeannie Parnham 07946 320016 Or e-mail: [amazingjeannie@yahoo.co.uk](mailto:amazingjeannie@yahoo.co.uk)**

### **HOPE COVE**

With Geoff Russell and the two Club RIBs from 14<sup>th</sup> to 24<sup>th</sup> July. Book your place with Geoff. RIBS – open to Ocean Divers and above - come for the whole trip or just a few days.

Geoff Russell 01789 552614 07836 503082

### **SALCOMBE**

Russ Thompson is planning two weekends:

June 11<sup>th</sup> / 12<sup>th</sup> - Six Sports Divers or experienced Ocean Divers or above

July 2<sup>nd</sup> & 3<sup>rd</sup> which can be 10 Sports Divers or experienced Ocean Divers off 2 boats

### **THAILAND**

17th - 25th November - liveaboard, - speak to Hilary Wilson.

### **TEIGNMOUTH**

30th April - 2nd May for Teignmouth with Jon Arthur.

## LYME REGIS FOR NOVICES

### **14 May - 15 May**

Peter Neal and Sally Richards will be running this trip to Lyme Bay, aimed particularly at novice divers. We will be camping and using the Club's RIBs.

## PEMBROKE

As some of you know I run a dive trip to Pembroke.

We dive in the Pembrokeshire marine nature reserve.

This year's trip is on 14th, 15th and 16th July. There are a few places left, so if you are interested contact me a.s.a.p.

Peter Neal <http://www.dive-in2-pembrokeshire.com/>

## MEXICO

Since sending out an initial e-mail to you in October, I now have more details

**The date will be February 28<sup>th</sup> to March 9<sup>th</sup>/10<sup>th</sup> 2017.**

The Dive Centre is called Underworld Tulum.

**This trip is specifically to dive in the Cenotes**, which are a series of underwater caverns and caves (fresh water) which open up periodically into open bodies of water where the cave roofs have collapsed, giving beautiful lighting effects. March is the best time to go as it is sunny but less humid and seldom rains. The diving requires good buoyancy and trim as some passages are quite narrow and changes in depth are fairly frequent, **so minimum Diver Grade is Sports Diver** with a good number of dives logged.

**We have 5 days diving in the Cenotes.**

**Accommodation.** We will be staying at The Dive Centre in their self catering apartments, (2 people per apartment). Restaurants and shops are within walking distance.

**On our non diving days**, we can go on excursions which the Dive Centre can arrange for us e.g. visit The Mayan Ruins.

There is also the opportunity to have another day of diving at the coast, but this doesn't replace any of the 5 days in the Cenotes.

**Flights.** We will be flying from Gatwick direct to Cancun. (probably Virgin Atlantic) (about 11 hours). The Dive Centre pick us up at the Airport and transfer us to their place.

I have already got 5 definites :- Me(!), Hilary, Miles, Peter Talbot and Jon Arthur.

**The cost** including flights, diving and accommodation will be about £1600

Have a look at their website [www.underworldtulum.com](http://www.underworldtulum.com) and the August edition of SCUBA has an article featuring them entitled Mayan Magic.

Please let me know asap if you are interested.

Regards, Sally

## FOR SALE

Hello everyone,

I think I should sell my diving kit. I have a good range of quality kit ranging from various cylinders, torches, reels, lots of bits and pieces, D rings, wings and even my computer. If you are interested come and have a look.

Peter Neal

## WANTED

**Badminton Players for the Wilmcote/Diving Club  
Badminton Group. Tuesday evenings at 9.00 -  
10.00 Stratford Leisure Centre.**

**Not serious, just a good friendly knock around of  
pairs and singles. See Geoff Russell (01789  
552614. 07836 503082)**

## Stratford BSAC 0730 Committee 2016

Chairman: Hilary Wilson 07779 287558  
Training Officer: Peter Neal 07967 656462  
Diving Officer: Miles Howarth 07779 287558  
Recruitment: Lynne McCarthy 07775 940000  
Equipment Officer: Jay Scott 07976 283702  
Treasurer: Geoff Russell (01789 552614)  
Membership Secretary Pete Talbot 07958 447544  
Events: Angie Deaves 07792 775971  
Secretary: Sally Richards 01789 773668

**SUGGESTIONS OR PROBLEMS? THEN CALL ONE OF US**

### MEMBERSHIP FEES 2016

**To the Stratford Branch**, all

Members pay an annual subscription of £118 towards costs of the Branch.

**To BSAC**, Members pay an annual subscription of £56.50 that covers BSAC costs, their monthly 'Scuba' magazine and their third party insurance. Both of the above are due on the 1<sup>st</sup> April each year.

**New members** are required to pay a full annual subscription for both of the above when they join. In their second year they pay pro-rata to bring them to the next 1<sup>st</sup> April.

**Hire of kit** for a new trainee is £60 for a period of for four months.

Thereafter it is £30 per month.

**Pool Sessions** - £3 for all Members

**Try a Dive** £15 a session. £10 of this is refundable when you join the club.

**Training Books** vary but typically the cost for an Ocean Diver is £45.

**The Club has 2 boats** (RIB's) and the Committee believes that Members should contribute towards the cost of running these boats in proportion to how often they dive from them. This is paid for by a compulsory Annual Boat Levy of £30 payable along with your Annual Subscription by all Members in their second year onwards If you do minimal diving from the Club boats during the year you will receive a full or part refund of your Boat Levy. Non members diving from Club RIBs will pay £10 per dive.

**Members towing RIB's** get a minimum of 60 pence per mile

### CLUB DIVING STANDARDS

All Members are expected to dive in accordance with the guidelines of the BSAC as published from time to time.

No dives should be organised without the prior approval of the Diving Officer who will provide you with a Diving Log which is to be completed with details of the dive and returned to him.

On the reverse side of the Diving Log is a list of the main BSAC guidelines that the Committee wishes to emphasise at this time.

You are reminded that the depth limits for qualified divers is as follows:

Ocean Divers – 20 metres

Sports Divers – 35 metres

All other qualified divers – 50 metres

Members who ignore any of these guidelines do so entirely at their own risk.

You are also reminded of the following:

- Members are strongly recommended to use Delayed Surface Marker Buoys which can be filled by means other than purged air from a mouthpiece.
- Sports Divers and above are recommended to carry their own independent source of back-up air in a second cylinder (twin or pony)

These extracts are not exhaustive and so if you have any queries you should clear these with the Diving Officer before diving.

The Diving Officer for 2016 is Miles Howarth and his contact number is shown above.